

A photograph of a man from behind, wearing a black hoodie. He is sitting under a large red umbrella. The background is blurred, showing what appears to be a garden or outdoor area.

HOW TO NOT RUIN
YOUR RELATIONSHIP

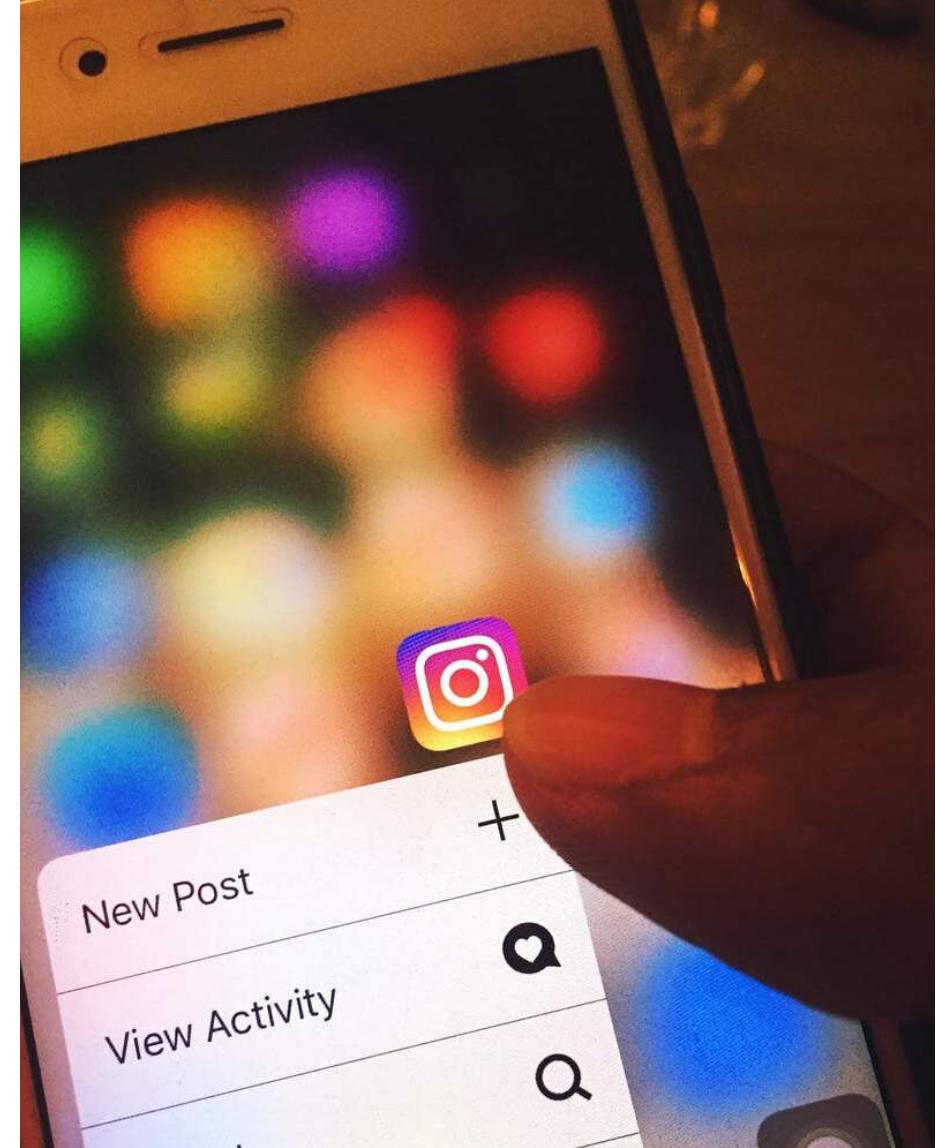
with

*This
man*

ENE ELIZABETH ADEKA

COPYRIGHT

©2020. Ene Elizabeth Adeka. All Rights Reserved.

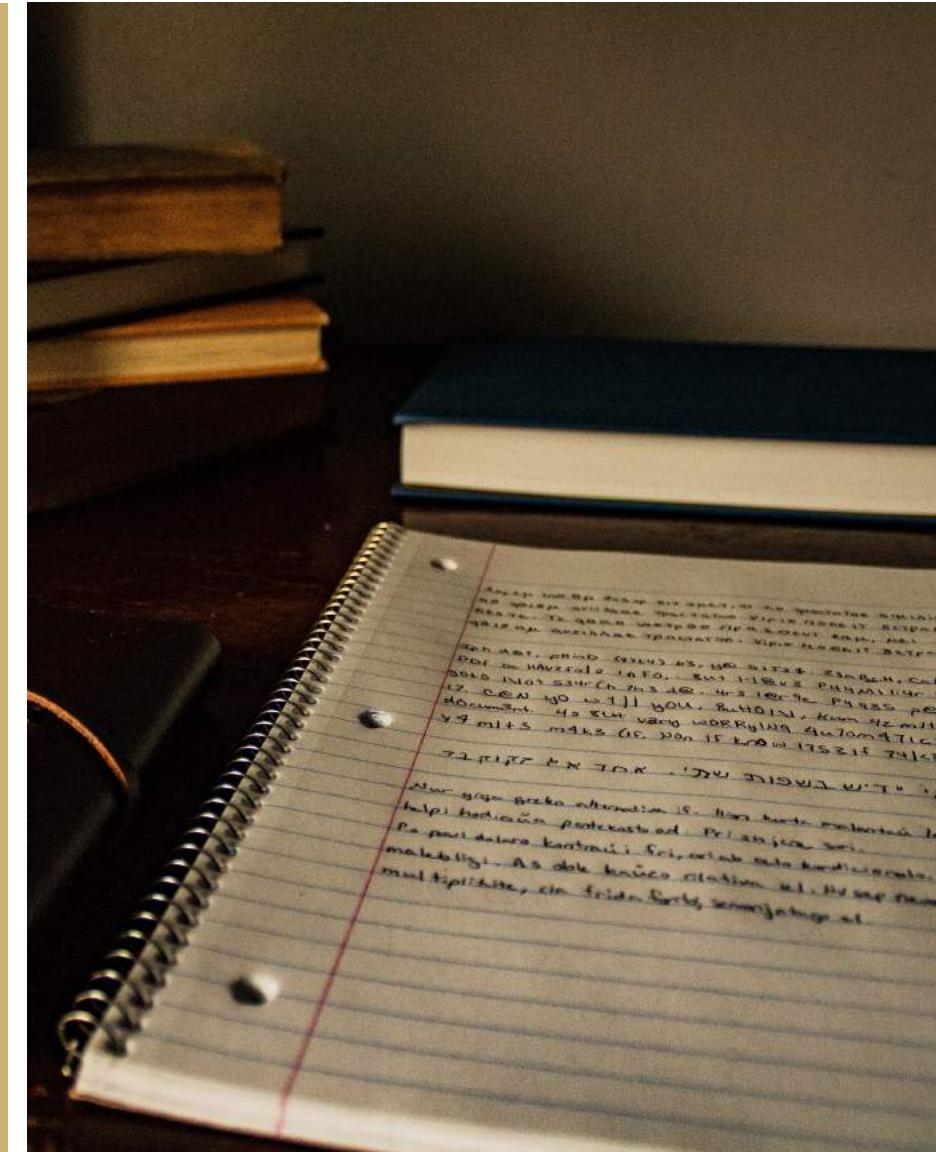


SHARE

You are free to share this book on your platforms, for the purposes of learning and content curating. DO NOT sell my material to anyone. it is FREE.,

COPY

Well, this might be a bit hard to do but if you want to know how I designed this, you can contact me via @eneadeka@blacksafaya.com or follow me on Instagram @ writewithenergie. I promise to teach you all the magic .



PRACTICE

The most important aspect of this journey is your ability to practice these tips. Your man is as human as can be. He has emotions and wants you to see things from his perspective sometimes.

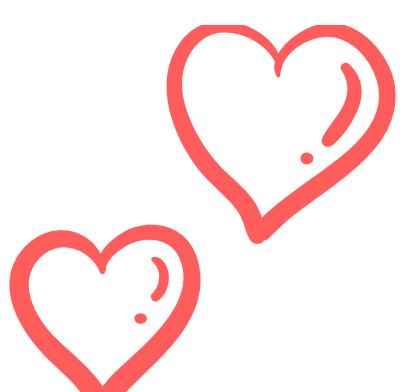




HI GIRLFRIEND!

Here are some things I've learnt loving this man. I hope it helps you love yours more and even better.

- Enegie





THE LOVE NOTE

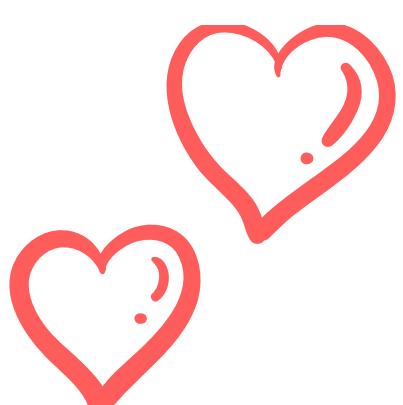
1 Corinthians 13:4-5:
Love is patient, love is kind.
It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.





THIS MAN

He's not your ex.
He's not your father.
He's not his past.
He's not his fears.
He's not your uncertainties.
He simply loves you.
Believe it, own it.





YOU

He's not your hormones; put
them under control.

Be active!
Focus on your dreams now
that you have found the man
of your dreams.



REMEMBER

Love is 90 % teamwork and
10% romance.

~~He'll annoy you.
He'll make mistakes.~~
Forgiveness is the most
important ingredient when
this happens.



LOVE

D
o not hold back.
B
e vulnerable.
D
o silly things.
B
e your girly self.
B
e the smile in his
laughter.
J
ust. Love. + him



TOUGH QUESTIONS

Do not be so smitten by this
man that you forget to ask
the important questions:

Faith
Family
Focus
Sex



SEX!

Now is the time to discuss it
with this man.

Condoms don't solve
intimacy problems.

Set boundaries and stand
by them.

Consent is key.



TRUST

To God first.
Then your man and his
ability to lead you.
Trust his decisions.
Trust that he means well.
Trust him. Trust this man.



HONOUR

this man and discern his
uniqueness.

+ His leadership over you.
+ Your body and his.

+ Honour your relationship in
cash and "kind" (I don't
mean sex).



COMMUNICATION

to a relationship is like oil to
a rusty engine.

Two people can never be
simultaneously right in times
of misunderstanding.

"I am sorry" does not
reduce your worth.



VALUES

Different values,
different opinions, different
issues. Go for similar values.
Believe the same thing.
Agree on most things.
Disagree to agree.
Value this man.



THIRD PARTIES

should not be the men you
love or once loved.

Should be your
accountability partners or
mentors.

Should not know everything
about your relationship.



EX ISSUES

Don't look back, your next
is here, forget the ex.

+ Heal before you engage
this man.

Don't make him suffer for
the crimes another committed.
Simply put, forget the past.



COMPARISON

Always appreciate their relationships but thank God for the uniqueness of this man.
Always remember, comparison kills, compliments grows.
Kill this man with poetry and love notes.



CHOICE

Now that you have chosen this man, no one else should come even close to him in your heart.. Cancel the options, say no to opportunities to be unfaithful, defend your choice! Always.



PRAY

A love that prays will
never become pray.
Couples who pray together,
stay together.

It is impossible to fight
indefinitely with someone you
pray for. Pray for this man.



PLAN

For the future not the vacation.
For the home not the wedding.
For the kids not friends.
For what you're building..plan with this man.



PROTECT

His secrets.
His vulnerabilities.
His vision.
Himself from you if
necessary.
What you both share.
Protect this man.



SOCIAL MEDIA

is not all there is to life.
Don't be deceived by
online relationships.
Even the best of
relationships on the gram have
issues off the gram.

A silhouette of a couple standing close together, holding hands, against a warm orange and yellow sunset sky. Some tree branches are visible in the foreground and background.

BE DIFFERENT

Plan for the life you'll have with them not just the honeymoon.

Listen to the vision as he makes it plain.

Find your role and get to work.

Be a Helpmeet.



FINANCE THE ROMANCE

No romance without finance.
Aim to become
financially independent.
A relationship is not a cash
account.
You too can make money!



A LIGHT

A relationship is a platform
not a circus. You can choose
to be a clown or an example;
an open book or an epistle, a
role model or a joke. Be
you, be true, be happy. Be a
light.



A GOOD THING

You deserve this man!
This man deserves you!
You are the 1% his 99 needs
to become a □.
Many daughters have done
well but you? You're the
prize my darling.



FINALLY

A relationship does not
solve loneliness or lack of
value.

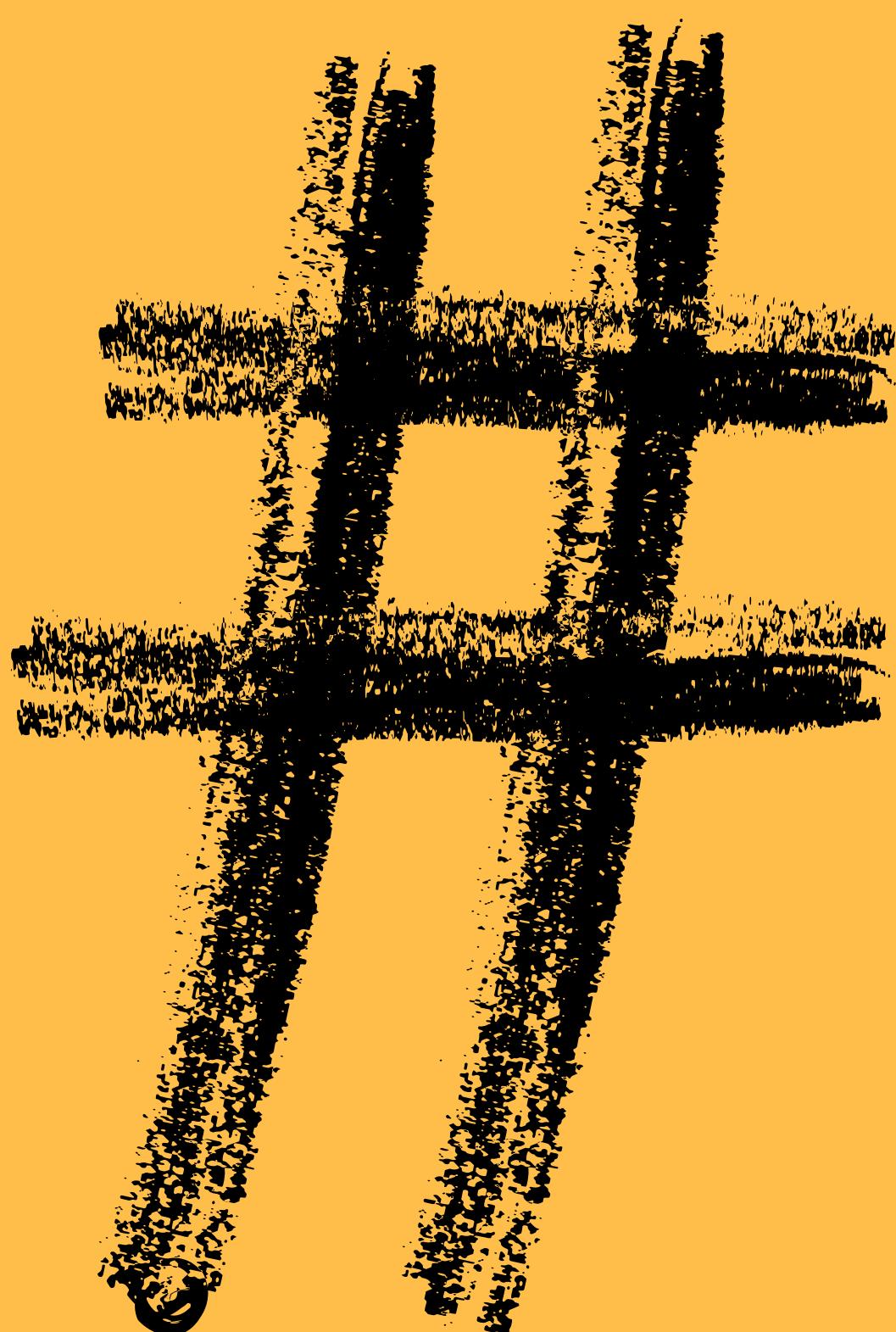
A relationship should make
you better not bitter.
A relationship is a gift not
a right. Use yours well.



ME

I'm Ene Elizabeth
Adeka; writer, lover and
founder, Black Safaya.
I lead, I love, I laugh,
I write about it.

blacksafaya.com/safaya.-writers



FOLLOW ME

@blacksafaya

@safayawriters

@writewithenergie

Visit the website

www.blacksafaya.com

Photos via unsplash.com

